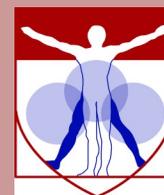




# Musculoskeletal Messenger



**Inside this issue:**

Pilot and Feasibility (cont'd)

New Faculty Announcement 2

Orthopaedic Research Club

Spotlight on PCMD Biomechanics Research 3

Upcoming Events 4

Penn Center for Musculoskeletal Disorders  
 University of Pennsylvania  
 424 Stemmler Hall, 3450 Hamilton Walk  
 Philadelphia, PA 19104-6081

Phone: 215-898-8653  
 Fax: 215-573-2133

[www.med.upenn.edu/pcmd](http://www.med.upenn.edu/pcmd)

If you have any news or information that you would like included in the next issue of this newsletter, please email us at:

[pcmd@mail.med.upenn.edu](mailto:pcmd@mail.med.upenn.edu)

**Remember to include reference to support from the Center in your abstracts and publications. Cite Grant NIH/NIAMS P30AR050950 from the National Institute Of Arthritis And Musculoskeletal And Skin Diseases of the NIH.**

*University of Pennsylvania Penn Center for Musculoskeletal Disorders*

## Looking Forward to the 2014 PCMD Annual Scientific Symposium – November 12, 2014

Preparations are underway for the 11th Annual Penn Center for Musculoskeletal Disorders Scientific Symposium in the BRB Auditorium/Lobby to be held on November 12, 2014.

The keynote speaker will be Henry M. Kronenberg, M.D., from Harvard Medical School, Professor



of Medicine and Chief of the Endocrine Unit at the Massachusetts General Hospital. His lecture is titled “How PTHrP regulates chondrocyte differentiation.”

The day will begin at 10:45 am with registration and poster set-up followed by scientific presentations from new Center Full and Affiliate members and PCMD Pilot Grant recipients.

The symposium will also include lunch and a

judged poster session with prizes awarded in four categories.

The day will conclude with a reception from 4:00-5:30pm in the BRB lobby.

Please register (no charge, but registration is required) by going to: <http://www.med.upenn.edu/pcmd/PCMD-scientific-symposium-registration-form.shtml>

Please check the PCMD website in the upcoming months for more information.

## PCMD Pilot and Feasibility Grant Recipients Announced

The Penn Center for Musculoskeletal Disorders Pilot and Feasibility Grant Program has awarded four investigators with one year of funding for their pilot grant projects with a start date of July 1, 2014.

Joshua F. Baker, MD, MSCE, will receive funding for his grant titled “Assessment of Intramyocellular Fat Accumu-

lation in Rheumatoid Arthritis Using MR Spectroscopy.” Dr. Baker’s project aims to determine correlations between IMCL and 1) measures of RA disease activity and severity, and 2) promoters/inhibitors of skeletal muscle health hypothesized to be altered in RA including Insulin-like Growth Factor-1 (IGF-1) and myostatin.

Russ P. Carstens, M.D., will receive funding for his pilot grant titled “Roles of Epithelial Splicing Regulatory Proteins in Craniofacial Development.” Dr. Carstens’s study will further characterize the phenotypes associated with CL/P defects in Esrp KO mice and begin to define targets and mechanisms through which they func-

## PCMD Pilot and Feasibility Grant Recipients Announced (cont'd)

tion.

Foteini Mourkioti, Ph.D., will receive a pilot grant (*co-sponsored by the Institute for Regenerative Medicine's Program in Musculoskeletal Regeneration*) titled "A Novel Molecular Mechanism in Chronic Skeletal Muscle Injury." Dr. Mourkioti's experiments will test the hypothesis that during the progression of the dystrophic phenotype, the in-

creased MuSC-specific NF- $\kappa$ B activity contributes significantly to the subsequent rapid functional defects.

Chamith S. Rajapakse, Ph.D., will receive a pilot grant titled "Biomechanics of Hip Fracture Assessed by MRI." Dr. Rajapakse's study intends to advance the hypothesis that hip strength can be reliably assessed in a clinically feasible manner using direct high-resolution MRI

guided micro-level finite element analysis.

Congratulations to all four pilot grant recipients!

## 2014 Orthopaedic Surgery New PhD Faculty Recruited

Please welcome Foteini (Faye) Mourkioti, Ph.D. who has joined Penn as Assistant Professor of Orthopaedic Surgery in July 2014. Dr. Mourkioti obtained her Ph.D. from Max-Planck Institute in Germany and completed her postdoctoral fellowship at Stanford University. Her research interests are

muscle disorders, stem cells, muscle regeneration, telomeres, cardiomyopathy, mitochondria, oxidative stress, muscle atrophy, and muscle wasting.

If you would like to contact Dr. Mourkioti, please send her an email at [fmour@mail.med.upenn.edu](mailto:fmour@mail.med.upenn.edu).



## Orthopaedic Research Club (ORC)

The Orthopaedic Research Club is co-directed by Drs. Ling Qin, Motomi Enomoto-Iwamoto, and X. Sherry Liu and is sponsored by the PCMD. The goals of the club are to:

- Exchange the most recent research data and ideas and seek potential collaborations among musculoskeletal researchers from Penn and neighboring institutions
- Provide seminar opportunities for postdoctoral fellows and graduate students from musculoskeletal research groups at Penn to advocate their research, to obtain feedback from

their peers, and to promote their interactions with other investigators outside of their groups

- Invite regional speakers with common orthopaedic research interests to seek collaborative opportunities

The seminars are usually held at CHOP Abramson Research Center (ARC), room 124 on the last Wednesday of the month from 4-5 pm. There are approximately 10 seminars per year. If you have any questions, please contact Dr. Qin at [qinling@mail.med.upenn.edu](mailto:qinling@mail.med.upenn.edu).



## What's New in the PCMD Biomechanics Core?

The mission of the Biomechanics Core (<http://www.med.upenn.edu/pcmd/biomechanics.shtml>) of the Penn Center for Musculoskeletal Disorders (PCMD) is to assist all PCMD members in performing the highest quality research via the provision of unique tools to assess the mechanical properties of musculoskeletal tissues. In this pursuit, we have developed a range of both basic and advanced mechanical testing methods (see: <http://www.med.upenn.edu/pcmd/BCTestingMethods.shtml>) that provide investigators with important information, across length scales, regarding the structure/function relationships of their tissue of interest. There are currently 29 active users of the Biomechanics Core, from the Perelman School of Medicine, Children's Hospital of Philadelphia, the School of Engineering and Applied Science, the School of Dentistry, and the School of Veterinary Medicine. These investigators regularly utilize the existing assays and resources of the Biomechanics Core to test such features as bone mechanical strength, tendon material properties, and the mechanical quality of cartilage repair. We are also continually working to innovate in the area of mechanical measurement and to increase the sophistication of our biomechanical testing tools and devices.

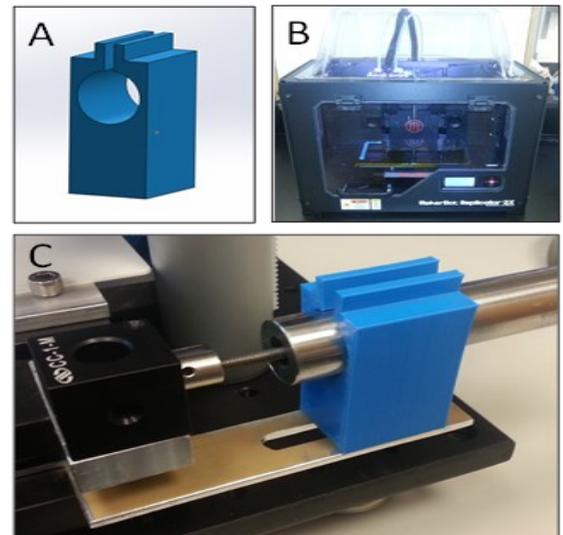
For example, this past year the core invested in a Makerbot 3D Printer to expedite the design of custom fixtures to meet the testing needs of our user base (Figure 1).

We likewise have continued to innovate and bring advanced methods to bear on common problems. For example, over the past year, we have developed testing methods and theoretical tools to model and extract properties from articular cartilage using micro-indentation testing (Figure 2).

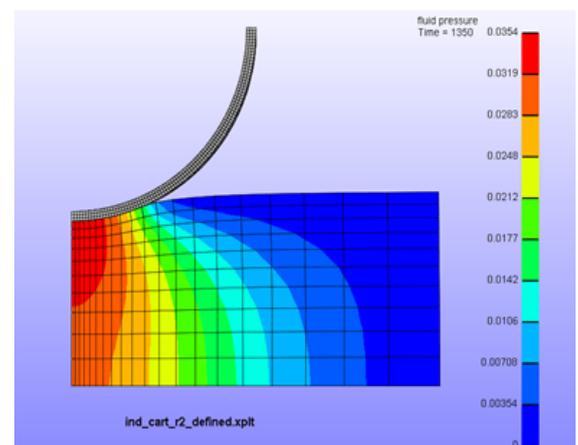
As most of these innovations have been spurred by the needs of our user base, we invite you to reach out to us to identify new areas for development so that we can remain at the leading edge in mechanical testing across the spectrum of MSK tissues and better serve the mechanical testing needs of the community. As a final note, in addition to providing biomechanical testing services, we also provide training for individuals to use the equipment themselves (at a much reduced cost), as well as seed funding for new projects and collaborations utilizing the Core. Please reach out to us for more information. We look forward to hearing from you!

Rob Mauck, Director - [lemauck@mail.med.upenn.edu](mailto:lemauck@mail.med.upenn.edu)

Mike Hast, Technical Director - [hast@mail.med.upenn.edu](mailto:hast@mail.med.upenn.edu)



**Figure 1:** Development in CAD (A), manufacture (B), and use (C) of part that requires precise alignment and tolerancing that was manufactured with the 3-D printer.



**Figure 2:** FE Model of biphasic cartilage indentation.



**PENN**  
**CENTER for**  
**MUSCULOSKELETAL**  
**DISORDERS**



U.S. Department of Health  
and Human Services

Supported by the



Penn Center for Musculoskeletal Disorders  
University of Pennsylvania  
424 Stemmler Hall, 3450 Hamilton Walk  
Philadelphia, PA 19104-6081

Phone: 215-898-8653  
Fax: 215-573-2133  
www.med.upenn.edu/pcmd

If you have any news or information that you would like included in the next issue of the Musculoskeletal Messenger newsletter, please email the information to:

[pcmd@mail.med.upenn.edu](mailto:pcmd@mail.med.upenn.edu)

**Remember to include reference to support from the Center** in your abstracts and publications. Cite Grant NIH/NIAMS P30AR050950 from the National Institute Of Arthritis And Musculoskeletal And Skin Diseases of the NIH. Support has also been provided by the Perelman School of Medicine at the University of Pennsylvania.

## Upcoming Events

### PCMD Visiting Professorship

#### Series 2014-2015

**Tuesday, September 16, 2014, 1:30-2:30pm/ 11-146 SCTR**  
*Development of a Gene-based Therapy for Osteoarthritis: Safety and Efficacy in an Equine Model*  
Steven C. Ghivizzani, PhD  
Professor of Orthopaedics & Rehabilitation  
University of Florida

**Tuesday, October 28, 2014, 1:30-2:30pm/10-146 SCTR**  
*The Strategic Role of Parathyroid Hormone in Resolution of Osseous Healing and Regeneration of Bone*  
Laurie K. McCauley, DDS, PhD  
William K. and Mary Anne Najjar  
Professor  
University of Michigan

**Annual Scientific Symposium**  
**Wednesday, November 14, 2014, 10:45-5:30pm/BRB Auditorium**  
*How PTHrP Regulates Chondrocyte Differentiation*

Henry M. Kronenberg, M.D.  
Professor of Medicine  
Harvard Medical School

**Tuesday, December 09, 2014, 1:30-2:30pm/10-146 SCTR**  
*Small Leucine Rich Proteoglycans: Fine Tune Regulators of Skeletal Function*  
Marian F. Young, Ph.D.  
Chief of the Molecular Biology of Bones and Teeth Section  
National Institutes of Health/NIDCR

**Tuesday, January 20, 2015, 1:30-2:30pm/TBD**  
*Synthetic Hydrogel Niches for Musculoskeletal Tissue Engineering*  
Stephanie J. Bryant, PhD  
Associate Professor of Chemical & Biological Engineering  
BioFrontiers Institute

**Tuesday, February 10, 2015, 1:30-2:30pm/TBD**  
*Pluripotent Stem Cell Repair of Osteochondral Defects*  
Darryl D'Lima, MD, PhD  
Associate Professor

Scripps Translational Science Institute

**Tuesday, March 10, 2015, 1:30-2:30pm/TBD**  
*Title: TBD*  
Mary L. Bouxsein, PhD  
Associate Professor of Orthopedic Surgery  
Harvard Medical School

**Tuesday, April 21, 2015, 1:30-2:30pm/TBD**  
*Orthopedic Tissue Engineering by Epigenetic Landscaping*  
Andre J. van Wijnen, PhD  
Professor of Orthopedic Surgery & Biochemistry and Molecular Biology  
Mayo Clinic

**Tuesday, May 12, 2015, 1:30-2:30pm/TBD**  
*Cell and Extracellular Matrix Dynamics in Skeletal Tissues*  
Sarah L. Dallas, PhD  
Professor of Oral and Craniofacial Sciences  
University of Missouri, Kansas City